

SPICY PEANUT SOUP

FREEZE TOGETHER

- 3 cups chopped **sweet potatoes**, *fresh or frozen*
- 2 **jalapeños**, *minced*
- half of an **onion**, *chopped*
- 4 cloves **garlic**, *minced*
- 1 teaspoon **curry powder**
- 1 teaspoon **turmeric**
- 1 teaspoon **salt**
- one 14-ounce can **fire roasted tomatoes**
- one 14-ounce can **coconut milk**

INSTANT POT

High Pressure 8 mins

10-minute natural release

SLOW COOKER

High Setting 6 hrs

FINAL STEP

Stir in ¼ cup peanut butter, ½ cup chopped peanuts, and 1-2 cups chopped kale. Add water to thin to desired consistency.

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